



City of West Liberty Iowa  
**Parks & Recreation**  
Coed 2016 Volleyball Rules  
Adult Leagues

1. Players eighteen (18) years of age or older and out of high school are eligible to participate.
2. All players must wear tennis shoes. No street shoes or bare feet allowed. Please do not wear game shoes to the gymnasium. This will help keep the floor clean.
3. Black bottom soles on tennis shoes are NOT allowed. This is strictly enforced in the gym.
4. Rules for forfeits are the following:
  - A forfeit will be declared for the first game if a team cannot floor four (4) players after the 5 minute grace period.
  - The second and third games can still be played if the team is able to floor four (4) players after the initial 5 minute grace period. All three (3) games will be declared as forfeits if a team does not have the required number of players after fifteen (15) minutes of the original game time.
  - A forfeit will be declared for the remaining games of the match if a team does not have at least four (4) players to continue the match.
  - If a team forfeits any six (6) matches during the season, the team will be removed from the league without a refund.
5. Cancellations- If School is let out early or cancelled for bad weather, all games will be postponed. If the weather becomes severe after 3:00pm, a final decision will be made by 6:00 pm if games will be cancelled. Cancellation notices will be posted on our Facebook and Twitter pages and at [www.wlparksandrec.org](http://www.wlparksandrec.org).
6. Managers will be responsible for the conduct of their players and must inform players of schedules, league rules, and other league information.
7. Parks & Recreation Department staff shall have the authority to evict any player, manager or spectator from the game and facility. In addition he/she has the right to stop play and forfeit a game to the opposition if in his/her opinion a team is making a travesty of the game.
8. The Supervisor reserves the right to suspend any player or manager from competition when harmful, profane, and abusive, unsportsmanship behavior or language of any degree is directed towards league site supervisors, staff or members of the opposing team. The Supervisor will

determine the length of suspension and notify the participant involved. The Supervisor has the authority to forfeit any game in which gross or flagrant infractions of league rules have been committed.

9. A player who is ejected from a game will be suspended from playing or coaching in his/her next match.
- 10. Matches will consist of three games. The first two will be played to 21, rally scoring. The third game will be played to 15, rally scoring.**
- 11. All three games will be played and all three games will be counted towards a team's record (i.e if a team loses one game of the match their record for that match would be 2-1). Team records will be used to determine the standings for the final tournament.**
12. A 45 minute time limit will be allowed for three game matches. At the end of 45 minutes, the team with at least a two-point advantage will be declared the winner of that game. If there is not a two-point advantage, play will continue until there is one or until the cap score is reached.
13. To choose whom serves first, simply start a volley for serve. The ball must travel back and forth to start the volley, and then the winner of this volley shall serve first. The losing team serves first for the following games.
14. The server may take only one step into the court while serving (no foot faults).
15. A ball contacting the net on the serve and continuing over is considered good and play will continue.
16. The ball may be contacted no more than three (3) times before returning it over the net. A BLOCK IS NOT CONSIDERED A HIT.
17. No blocking or spiking of the serve is allowed.
18. The ball must be hit clearly, and may be played with any part of the body.
19. Touching the net with any body part, or stepping over the centerline below the net, is a foul and is a side out/point for the other team. If members of both teams touch the net at same time, it will be a dead ball and a re-serve.
20. A ball that strikes the ceiling, or overhead obstruction is considered live and playable providing this occurs on the side of the net occupied by the team that played it last and it is not the third hit on that side.
21. Balls that hit a basketball backboard are still live as long as they remain on the same side. If the ball is hit over the net and hits the side or backboard at excessive speed, it is out and results in a point. A ball that hits the wall on either side of the net is a dead ball and results in a point.

22. Current USA Volleyball rules apply, unless otherwise stated.
23. Managers are to report the scores of the match to the Supervisor.
24. The teams playing are responsible for making calls during their games. If there is any questionable dispute in regards to a particular rule and/or play, simply call a replay and repeat the point and/or side out.
25. No Children Allowed.
26. Individuals are allowed to participate on only ONE team. Playing on multiple teams will result in a forfeit of that game for the "borrowing" team.
27. In case of a tie in the final standings, the tiebreaker will be Head to Head then after that it will consist of a coin flip.

#### **Coed Specific Rules**

1. Teams may start the game with a minimum of 4 players per side, Maximum is 6 players.  
The following gender contribution is allowed:

<u>MEN</u>	<u>WOMEN</u>
1	3, 4, or 5
2	2, 3, or 4
3	2 or 3
2. The ball must have contact with a female player if there is more than one contact on each side of the court.